



Nottinghamshire  
**Women's Aid**  
 Survive & Thrive

## Domestic Abuse Drop-Ins

Female Support Workers provide one to one information and support to women regarding domestic abuse issues  
 No appointment needed

### Confidential Support and Information for Women by Women

- A chance to talk in confidence
- Information
- Practical and Emotional Support
- Safety planning
- Access to other Specialist Services
- Referral to a Women's Refuge

#### WORKSOP

Tuesday - 5:00 p.m. to 7:00 p.m.  
 Thursday - 10:00 a.m. to 12:00 noon  
 at The Farr Centre, Chapel Walk, Worksop S80 1LR

#### MANSFIELD

Monday - 11:00 p.m. to 2:00 p.m.  
 Ravensdale Children's Centre, Sanders Avenue, Mansfield, NG18 2DN

#### NEWARK

**Appointment only - 01909 533610 - Please contact the Farr Centre.**  
 Hawtonville and Balderton Children's Centre, Oliver Quibell Site, Bowbridge Road,  
 Newark, Notts. NG24 4FG

#### BIRCOTES

First Tuesday of every month - 2:00 p.m to 4:00 p.m  
 Starting on the 5<sup>th</sup> September 2017  
 Harworth & Bircotes Children's Centre, Scooby Road, DN11 8JP  
**Appointment only - please contact The Farr Centre on 01909 533610 to book an appointment**

For more information please call  
 The Farr Centre on 01909 533610

There is a 24 hour free phone helpline in Nottinghamshire for women experiencing domestic abuse / violence. To talk to someone about what you are going through or to get help to leave contact: **0808 800 0340**

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